

December 2022

November '22							January '23						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5	1	2	3	4	5	6	7
6	7	8	9	10	11	12	8	9	10	11	12	13	14
13	14	15	16	17	18	19	15	16	17	18	19	20	21
20	21	22	23	24	25	26	22	23	24	25	26	27	28
27	28	29	30				29	30	31				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
4	5	6	7	8	9	10
						D-Team (9-3)
						W/E Comp Team (8:30-2:30)
						Full Comp Team (8:30-2:30)
11	12	13	14	15	16	17
D-Team (9-3)			Week-Day Comp (1-4)	Week-Day Comp (10-4)	Week-Day Comp (10-4)	D-Team (9-3)
W/E Comp Team (8:30-2:30)			Full Comp Team (1-4)	Full Comp Team (10-4)	Full Comp Team (10-4)	W/E Comp Team (8:30-2:30)
Full Comp Team (8:30-2:30)						Full Comp Team (8:30-2:30)
18	19	20	21	22	23	24
D-Team (9-3)			Week-Day Comp (8:30-2:30)	Week-Day Comp (8:30-2:30)	Week-Day Comp (8:30-2:30)	W/E Comp Team (8:30-2:30)
W/E Comp Team (8:30-2:30)			Full Comp Team (8:30-2:30)	Full Comp Team (8:30-2:30)	Full Comp Team (8:30-2:30)	Full Comp Team (8:30-2:30)
Full Comp Team (8:30-2:30)						
25	26	27	28	29	30	31
Christmas Day Off		W/E Comp Team (8:30-2:30)	W/E Comp Team (8:30-2:30)	W/E Comp Team (8:30-2:30)	W/E Comp Team (8:30-2:30)	
		Week-Day Comp (8:30-2:30)	Week-Day Comp (8:30-2:30)	Week-Day Comp (8:30-2:30)	Week-Day Comp (8:30-2:30)	W/E Comp Team (8:30-2:30)
		Full Comp Team (8:30-2:30)	Full Comp Team (8:30-2:30)	Full Comp Team (8:30-2:30)	Full Comp Team (8:30-2:30)	Full Comp Team (8:30-2:30)
1	2	Notes				
New Years Day Off						

January 2023

December '22							February '23						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3			1	2	3	4	
4	5	6	7	8	9	10	5	6	7	8	9	10	11
11	12	13	14	15	16	17	12	13	14	15	16	17	18
18	19	20	21	22	23	24	19	20	21	22	23	24	25
25	26	27	28	29	30	31	26	27	28				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 New Years Day Off	2	3	4	5 Thursday Rippers (9-3) Thursday D-Team (9-3)	6	7 Rippers (9:30-3:30) D-Team (9-3)
		W/E Comp Team (8:30-2:30) Week-Day Comp (8:30-2:30) Full Comp Team (8:30-2:30)	W/E Comp Team (8:30-2:30) Week-Day Comp (8:30-2:30) Full Comp Team (8:30-2:30)	W/E Comp Team (8:30-2:30) Week-Day Comp (8:30-2:30) Full Comp Team (8:30-2:30)	W/E Comp Team (8:30-2:30) Week-Day Comp (8:30-2:30) Full Comp Team (8:30-2:30)	W/E Comp Team (8:30-2:30) Full Comp Team (8:30-2:30)
8 Rippers (9:30-3:30) D-Team (9-3) W/E Comp Team (8:30-2:30) Full Comp Team (8:30-2:30)	9	10	11 Week-Day Comp (1-4) Full Comp Team (1-4)	12 Thursday Rippers (9-3) Thursday D-Team (9-3) Week-Day Comp (10-4) Full Comp Team (10-4)	13 Week-Day Comp (10-4) Full Comp Team (10-4)	14 W/E Comp Team (8:30-2:30) Full Comp Team (8:30-2:30)
15 W/E Comp Team (8:30-2:30) Full Comp Team (8:30-2:30)	16 MLK Day W/E Comp Team (8:30-2:30) Week-Day Comp (8:30-2:30) Full Comp Team (8:30-2:30)	17	18	19 Thursday Rippers (9-3) Thursday D-Team (9-3) Week-Day Comp (10-4) Full Comp Team (10-4)	20 Week-Day Comp (10-4) Full Comp Team (10-4)	21 Rippers (9:30-3:30) D-Team (9-3) W/E Comp Team (8:30-2:30) Full Comp Team (8:30-2:30)
22 Rippers (9:30-3:30) D-Team (9-3) W/E Comp Team (8:30-2:30) Full Comp Team (8:30-2:30)	23	24	25 Week-Day Comp (1-4) Full Comp Team (1-4)	26 Thursday Rippers (9-3) Thursday D-Team (9-3) Week-Day Comp (10-4) Full Comp Team (10-4)	27 Week-Day Comp (10-4) Full Comp Team (10-4)	28 Rippers (9:30-3:30) D-Team (9-3) W/E Comp Team (8:30-2:30) Full Comp Team (8:30-2:30)
29 Rippers (9:30-3:30) D-Team (9-3) W/E Comp Team (8:30-2:30) Full Comp Team (8:30-2:30)	30	31	1	2	3	4
5	6	Notes				

February 2023

January '23							March '23						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7				1	2	3	4
8	9	10	11	12	13	14	5	6	7	8	9	10	11
15	16	17	18	19	20	21	12	13	14	15	16	17	18
22	23	24	25	26	27	28	19	20	21	22	23	24	25
29	30	31					26	27	28	29	30	31	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4
				Thursday Rippers (9-3)		Rippers (9:30-3:30)
				Thursday D-Team (9-3)		D-Team (9-3)
			Week-Day Comp (1-4)	Week-Day Comp (10-4)	Week-Day Comp (10-4)	W/E Comp Team (8:30-2:30)
			Full Comp Team (1-4)	Full Comp Team (10-4)	Full Comp Team (10-4)	Full Comp Team (8:30-2:30)
5	6	7	8	9	10	11
Rippers (9:30-3:30)				Thursday Rippers (9-3)		Rippers (9:30-3:30)
D-Team (9-3)				Thursday D-Team (9-3)		D-Team (9-3)
W/E Comp Team (8:30-2:30)			Week-Day Comp (1-4)	Week-Day Comp (10-4)	Week-Day Comp (10-4)	W/E Comp Team (8:30-2:30)
Full Comp Team (8:30-2:30)			Full Comp Team (1-4)	Full Comp Team (10-4)	Full Comp Team (10-4)	Full Comp Team (8:30-2:30)
12	13	14	15	16	17	18
Rippers (9:30-3:30)				Thursday Rippers (9-3)		
D-Team (9-3)				Thursday D-Team (9-3)		
W/E Comp Team (8:30-2:30)			Week-Day Comp (1-4)	Week-Day Comp (10-4)	Week-Day Comp (10-4)	W/E Comp Team (8:30-2:30)
Full Comp Team (8:30-2:30)			Full Comp Team (1-4)	Full Comp Team (10-4)	Full Comp Team (10-4)	Full Comp Team (8:30-2:30)
19	20 President's Day	21	22	23	24	25
	W/E Comp Team (8:30-2:30)					Rippers (9:30-3:30)
W/E Comp Team (8:30-2:30)	Week-Day Comp (8:30-2:30)			Week-Day Comp (8:30-2:30)	Week-Day Comp (8:30-2:30)	D-Team (9-3)
Full Comp Team (8:30-2:30)	Full Comp Team (8:30-2:30)			Full Comp Team (8:30-2:30)	Full Comp Team (8:30-2:30)	W/E Comp Team (8:30-2:30)
						Full Comp Team (8:30-2:30)
26	27	28	1	2	3	4
Rippers (9:30-3:30)						
D-Team (9-3)						
W/E Comp Team (8:30-2:30)						
Full Comp Team (8:30-2:30)						
5	6	Notes				

March 2023

February '23							April '23						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3	4							1
5	6	7	8	9	10	11	2	3	4	5	6	7	8
12	13	14	15	16	17	18	9	10	11	12	13	14	15
19	20	21	22	23	24	25	16	17	18	19	20	21	22
26	27	28					23	24	25	26	27	28	29
							30						

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	1	2	3	4
				Thursday Rippers (9-3)		Rippers (9:30-3:30)
				Thursday D-Team (9-3)		D-Team (9-3)
			Week-Day Comp (1-4)	Week-Day Comp (10-4)	Week-Day Comp (10-4)	W/E Comp Team (8:30-2:30)
			Full Comp Team (1-4)	Full Comp Team (10-4)	Full Comp Team (10-4)	Full Comp Team (8:30-2:30)
5	6	7	8	9	10	11
Rippers (9:30-3:30)				Thursday Rippers (9-3)		Rippers (9:30-3:30)
D-Team (9-3)				Thursday D-Team (9-3)		D-Team (9-3)
W/E Comp Team (8:30-2:30)			Week-Day Comp (1-4)	Week-Day Comp (10-4)	Week-Day Comp (10-4)	W/E Comp Team (8:30-2:30)
Full Comp Team (8:30-2:30)			Full Comp Team (1-4)	Full Comp Team (10-4)	Full Comp Team (10-4)	Full Comp Team (8:30-2:30)
12	13	14	15	16	17	18
Rippers (9:30-3:30)				Thursday Rippers (9-3)		Rippers (9:30-3:30)
D-Team (9-3)				Thursday D-Team (9-3)		D-Team (9-3)
W/E Comp Team (8:30-2:30)			Week-Day Comp (1-4)	Week-Day Comp (10-4)	Week-Day Comp (10-4)	W/E Comp Team (8:30-2:30)
Full Comp Team (8:30-2:30)			Full Comp Team (1-4)	Full Comp Team (10-4)	Full Comp Team (10-4)	Full Comp Team (8:30-2:30)
19	20	21	22	23	24	25
Rippers (9:30-3:30)				Thursday Rippers (9-3)		Rippers (9:30-3:30)
D-Team (9-3)				Thursday D-Team (9-3)		D-Team (9-3)
W/E Comp Team (8:30-2:30)			Week-Day Comp (1-4)	Week-Day Comp (10-4)	Week-Day Comp (10-4)	W/E Comp Team (8:30-2:30)
Full Comp Team (8:30-2:30)			Full Comp Team (1-4)	Full Comp Team (10-4)	Full Comp Team (10-4)	Full Comp Team (8:30-2:30)
26	27	28	29	30	31	1
Rippers (9:30-3:30)				Thursday Rippers (9-3)	Last Day of Team Training	
D-Team (9-3)				Thursday D-Team (9-3)		
W/E Comp Team (8:30-2:30)			Week-Day Comp (1-4)	Week-Day Comp (10-4)	Week-Day Comp (10-4)	
Full Comp Team (8:30-2:30)			Full Comp Team (1-4)	Full Comp Team (10-4)	Full Comp Team (10-4)	
2	3	Notes				

April 2023

March '23							May '23						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3	4		1	2	3	4	5	6
5	6	7	8	9	10	11	7	8	9	10	11	12	13
12	13	14	15	16	17	18	14	15	16	17	18	19	20
19	20	21	22	23	24	25	21	22	23	24	25	26	27
26	27	28	29	30	31		28	29	30	31			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	1	Notes				